



# Signature Crab Cakes

Savory Crabmeat with Spinach & Parmesan Cheese

- 0g TRANS FATS!
- Contains 70% seafood.
- Fully cooked...just brown and serve!
- Flash-Frozen for Superior Freshness!
- Handmade "Chef Quality" in taste and appearance!

# Signature Crab Cakes

Savory Crabmeat with Spinach & Parmesan Cheese



**Crab Meat** (Jonah and/or Rock, Blue Claw), Fish Protein (Pollock, Cod and/or Whiting, Corn Starch, Water, Wheat Starch, Egg Whites, Sugar, Crab Extract, Sorbitol, Modified Food Starch, Wheat Gluten, Salt, Soya Protein, Soybean Oil, Natural and Artificial Flavors, Seasoning (CME), Sodium Tripolyphosphate, Tetrasodium Pyrophosphate, Mirin Wine, (Sake, Sugar, Salt, Water, Yeast Extract), Snow Crab, Carmine, Soy Lecithin, Paprika), **Mayonnaise** (Canola Oil and/or Soybean Oil, Water, Eggs, High Fructose Corn Syrup, Salt, Vinegar, Mustard Bran, Calcium Disodium EDTA to Protect Flavor), **Spinach**, **Onion**, **Panko** (Wheat Flour, sugar, yeast, Soybean Oil, Salt), Eggs (Eggs, Citric Acid), **Parmesan Cheese** (Pasteurized Part-skim Milk, Cheese Cultures, Salt, Enzymes, Powdered Cellulose {anti-caking agent}), **Bell Pepper**, **Mustard** (Water, Mustard Seeds, Vinegar, Salt, Citric Acid, Potassium Metabisulfite, Turmeric), **Garlic** (Garlic, Water, Soybean Oil, Phosphoric Acid), Seafood Base (Seafood {lobster, crab, shrimp}, Salt, Maltodextrin {from corn}, Corn Oil, Butter {cream, salt}, Yeast Extract, Sugar, Hydrolyzed Soy Protein, Onion Powder, Rice Flour, Natural Flavoring, Disodium Inosinate, Disodium Guanylate), **Soybean Oil**, **Salt**. **Topping:** Bread Crumbs (Bleached Wheat Flour, Sugar, Salt, Partially Hydrogenated Vegetable Oil {soy and/or cottonseed oil}, Yeast), Parsley.

**Allergens:** Contains Shellfish, Egg, Fish, Soy, Wheat, Dairy. Contains Sulfites. May Contain Shell Fragments

## Food Service

### Signature Crab Cakes

#### Nutrition Facts

Serving Size 1 Cake (3 oz./85g)  
Servings Per Case 64

Amount Per Serving

**Calories** 140      **Calories from Fat** 60

% Daily Value\*

**Total Fat** 7g      **11%**

Saturated Fat 1.5g      **8%**

Trans Fat 0g

**Cholesterol** 45mg      **15%**

**Sodium** 560mg      **20%**

**Total Carbohydrate** 10g      **3%**

Dietary Fiber 1g      **4%**

Sugars 2g

**Protein** 10g

Vitamin A 15%      •      Vitamin C 8%

Calcium 6%      •      Iron 4%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

## Retail

### Signature Crab Cakes

#### Nutrition Facts

Serving Size 1 Cake (3 oz./85g)  
Servings Per Box 2

Amount Per Serving

**Calories** 140      **Calories from Fat** 60

% Daily Value\*

**Total Fat** 7g      **11%**

Saturated Fat 1.5g      **8%**

Trans Fat 0g

**Cholesterol** 45mg      **15%**

**Sodium** 560mg      **23%**

**Total Carbohydrate** 10g      **3%**

Dietary Fiber 1g      **4%**

Sugars 2g

**Protein** 10g

Vitamin A 15%      •      Vitamin C 8%

Calcium 6%      •      Iron 4%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

## Food Service

F00202	Signature Crab Cake 32-3 oz. cakes per box / 6 lb. box	2 boxes per case / 64 cakes per case 12 lbs. per case	72 cases per pallet / 144 boxes / 4,608 cakes 864 lbs.
--------	---	--	---

## Retail

R00202	Signature Crab Cake 2-3 oz. cakes per box / 6 oz. box	12 boxes per case / 24 cakes per case 4.5 lbs. per case	140 cases per pallet / 1,680 boxes / 3,360 cakes 630 lbs.
--------	--	--	--



"We make food taste better."™

[www.rjfoods.us](http://www.rjfoods.us)

Rjfoods, LLC  
973-670-7089

Rjfoods is a (WOSB) a Woman Owned Small Business  
and (VOSB) Veteran Owned Small Business